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| Rivington Primary School – PE Curriculum |
| C | A | R | E |
| Communication | Aspiration  | Reflection  | Enriching Experiences |
| * Reflection and evaluation of own and others performance and able to articulate key coaching points.
* Progressive knowledge planning for every year group (EYFS – Y6) with Key Vocabulary.
* Opportunities for collaboration and team work.
* To be able to explain what has been learned and how it can be used.
 | * To understand how athletes and sports people train hard for their titles, jobs and achievements allowing children to aspire to become them.
* Opportunities to learn and experience new sports.
* Links to local sporting clubs.
* Annual events and competitions to encourage competitive sport and a will to win.
* Promote children to pursue their own interest and expertise in sport.
* To create a lifelong love of sport to stay fit and healthy.
 | * Reflection and evaluation of own and partner performance.
* To persevere in developing and improving skills over a period of time.
* To know the importance of teamwork and have a mutual respect for fellow participants and team mates.
* Opportunities to reflect on knowledge and skills learnt and apply in performances and games.
* To know that staying healthy is about a healthy diet, exercise and looking after yourself both mentally and physically.
* To persist in order to improve our fitness levels.
 | * To learn and participate in new sports and games. To find out the skills you need to compete in these sports.
* Each child will have the opportunity to work with a range of visiting specialist sports coaches from local clubs.
* Each child will have the opportunity to compete in sporting competitions.
* Extra curricular provision with extended opportunities.
* The curriculum is planned around a variety of sports many of which children may never have experienced before.
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