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| Rivington Primary School – PSHE Curriculum |
| C | A | R | E |
| Communication | Aspiration  | Reflection  | Enriching Experiences |
| * The children develop their communication skills through circle times, discussion, debate and teamwork exercises.
* The children are taught to be respectful of all ideas and inclusive of everyone.
* The children learn to develop positive, healthy, respectful relationships and are taught why communication is an important part of maintaining these friendships and relationships.
* The children learn how to seek help and speak out when they need support.
* We promote good mental health and teach the importance of communicating our feelings.
* The children learn how to communicate to resolve problems with one another.
* The children learn how to communicate safely.
 | * The children learn about different jobs and careers within the community and the people who help and support us.
* The children work together with older children acting as mentors and role models to the younger children.
* We include growth mind set teaching in our curriculum to promote resilience and independence that the children can apply in all of their lessons.
 | * The children are encouraged to reflect on their own behaviour and choices they make.
* The children reflect on their relationships and their health.
* Through our values the children reflect on how they show respect, how they give thanks, protect one another and keep peace.
* Celebrating all that we achieve each week through our merits and rewards.
 | * Anti-bullying week.
* Well-being week.
* Daily mindful activities.
* Children in Need.
* Remembrance Day
* Celebrations – Christmas, end of Year family events.
* Class trips.
* Visitors - to speak about their careers.
* Y6 holiday.
* Special events e.g. Labyrinth.
* Celebration assemblies – sharing our success.
* Class assemblies – showcasing what we can do.
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